



CEBU TENPIN BOWLING ASSOCIATION

AS OF 11-JUL-2026



HANDICAP RULES

1



GENERAL NOTES:

Handicap rules are designed to equalize competition among bowlers of varying skill levels

2



STANDARD FORMULA:

USBC Rules is applied:
= Base Score - Average x Percentage

3



BASE SCORE:

The base score is **190**.
Bowlers with average higher than this base score shall have zero (0) handicap - no negative handicap shall be applied.

4



PERCENTAGE:

A percentage of **80%** shall be used to maintain fair competition.

This allows lower-average bowlers to remain competitive while still rewarding bowlers who improve their performance.

5



BOWLER'S AVERAGE:

Bowler's scratch average based on at least **12 Games, upto the latest 50 games**, updated weekly.

6



ANTI-SANDBAGGING RULE:

Any game score that is more than 30 pins below the bowler's scratch average shall be recorded as **Bowler's Scratch Average minus 30 Pins**.

Maximum drop allowed = **30 pins only**.

Bowler's average is: 180			
Game	Score	Record for Handicap	Minimum Score for handicap: 180-30 = 150
Game 1	190	190	
Game 2	150	150	
Game 3	149	149	
Game 4	151	151	

7



NEW OR UNVERIFIED BOWLER INITIAL AVERAGE:

Bowler without an official recorded average with CETBA will have a starting average of **160** for both male and female.

After playing a minimum of **12 games**, new average shall be established.

Bowlers who are affiliated to other organization shall be verified in the following order of preference:

- 1) NBT Record
- 2) PBF Record
- 3) Bowler's Association Record.

League officers reserves the right to adjust the declared or temporary average in the bowler's performance clearly

8



NO HANDICAP ADJUSTMENT : THIS HANDICAP SYSTEM IF STRICTLY PERFORMANCE- BASED. NO EXTRA BONUS FOR AGE AND GENDER.

NO.	BOWLER	GENDER	NO. OF GAMES	SCRATCH AVERAGE (Latest 50 Gmes)	AVERAGE FOR HANDICAP	HANDICAP
1	ADLAWAN, RAYMUND	M	8	0	160	24
2	ALEGRADO, HANNAH	F	12	146	146	35
3	ALQUEZA, EGAY	M	4	0	160	24
4	ALQUEZA, HEBER	M	8	0	160	24
5	ANDAL, JOJO	M	50	153	154	28
6	ARAPOC, ROGER	M	42	138	135	44
7	ASUMBRADO, ROGER	M	50	163	163	21
8	AVILA, JOMA	M	8	0	160	24
9	BACON, BABY	F	50	126	126	51
10	BANTILAN, ROLAND	M	50	162	163	21
11	BARBAR, AGNES	F	5	0	160	24
12	BARBAR, RAUL	M	5	0	160	24
13	BARREDO, GIAN ADRIAN	M	50	138	138	41
14	BARREDO, RONAN	M	50	168	169	16

NO.	BOWLER	GENDER	NO. OF GAMES	SCRATCH AVERAGE (Latest 50 Gmes)	AVERAGE FOR HANDICAP	HANDICAP
15	BAUDER, ELMA	F	25	112	112	62
16	BELOCURA, JESSIE	M	8	0	160	24
17	BOLONGAN, LUKE	M	50	184	186	3
18	BOLONGAN, SAL	M	50	158	158	25
19	BUCOY, ERIC	M	50	125	125	52
20	BUENAVIAJE, JOSE	M	8	0	160	24
21	BUENO, MANNY	M	13	154	154	28
22	BUYCO, GEFF	M	16	151	151	31
23	BUYCO, GJ	M	8	0	160	24
24	CAJES, LUISE	M	25	154	155	28
25	CALIPAY, DANTE	M	50	155	155	28
26	CALIPAY, DINA	F	0	0	160	24
27	CALIPAY, JOHNA	F	50	135	135	44
28	CALIPAY, ROMMEL	M	50	147	148	33
29	CALO, TONY	M	20	165	165	20
30	CAMERO, ROSE	F	0	0	160	24
31	CAMERO, SAM	F	0	0	160	24
32	CENIZA, NICAH	F	6	0	160	24
33	CENIZA, RENATO	M	50	165	165	20
34	CESAR, KIANNE LESLIE	M	8	0	160	24
35	CHAI, MING LO	M	11	0	160	24
36	CHI, MICHAEL	M	17	162	162	22
37	CONVOCAR, TED	M	50	153	153	29
38	CORTEZ, EDGAR	M	50	141	141	39
39	DALLEON, KIT	M	0	0	160	24
40	DANTE, ANDRE	M	4	0	160	24
41	DANTE, DODONG	M	50	148	148	33
42	DANTE, TESSIE	F	50	137	137	42
43	DAVIS, JERRY	M	24	168	168	17
44	DESPOJO, MANDO	M	37	161	161	23
45	DILLA, ED	M	50	142	142	38
46	DIONISIO, PJ	M	4	0	160	24
47	DOLOR, JUN	M	12	156	156	27
48	DROSSEL, DETLEV	M	17	157	157	26
49	EDRADAN, FLOR	F	50	122	122	54
50	EMANO, RICHARD	M	16	153	153	29
51	ENOVESO, DORY	F	50	139	139	40
52	ENOVESO, ORLY	M	50	135	136	43
53	ESCANUELLA, BOBBY	M	26	129	129	48
54	ESOLANA, ROY	M	14	155	155	28
55	ESTEBAN, JUN	M	4	0	160	24
56	FINES, MEL	M	50	155	156	27
57	FRANCISCO, ESTER	F	50	127	127	50
58	FRANCISCO, GING	M	50	166	166	19
59	GAKENHOLZ, SONIA	F	50	134	134	44
60	GALINDO, JOHN	M	0	0	160	24
61	GARCES, JOE	M	50	145	146	35
62	GASATAYA, JOHN	M	50	170	170	16
63	GONZALES, RAMILIE	F	12	160	160	24
64	GOTHONG, DOCDOC	M	50	140	140	40
65	GUARIN, CHENGBEE	F	20	104	104	68
66	GUARIN, JUNKELL	M	29	136	136	43
67	HODGKINSON, FLOR	F	50	134	134	44
68	HODGKINSON, MARK	M	50	168	169	16
69	JUMAPAO, JOMAR	M	17	176	192	0
70	KOBAYASHI, TERUO	M	0	0	160	24
71	KOENIGSHOFER, DAVID	M	50	136	136	43
72	KOKSENG, JARED	M	40	103	104	68

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73	KUA, CYNTHIA	F	14	130	130	48
74	LIM, CLYDE	M	50	166	166	19
75	LIM, DAVE RUSSEL	M	50	131	132	46
76	LONGCANAYA, DELMA	F	50	137	137	42
77	LONGCANAYA, JANICE	F	50	159	159	24
78	LONGCANAYA, NESTOR	M	50	149	149	32
79	LOON, ALEXONES	M	8	0	160	24
80	LUCHKENWALD, CEDRIC	M	8	0	160	24
81	MANUEL, MANUEL	M	0	0	160	24
82	MAQUILING, STEPH	F	4	0	160	24
83	MARQUEZ, NOEL	M	0	0	160	24
84	MARSANGCA, OMAR	M	45	152	152	30
85	MAURO, BEBIE	F	0	0	160	24
86	MAURO, ROMY	M	0	0	160	24
87	MCDUGALL, LILIA	F	0	0	160	24
88	MEDALLO, ROMEL	M	18	142	142	38
89	MEDALLO, SALVE	F	50	147	148	33
90	MINOK, ALEX	M	4	0	160	24
91	MIRANDA, MICMIC	M	0	0	160	24
92	MIRASOL, KEVIN	M	50	138	138	41
93	MIRASOL, SHEILA	F	4	0	160	24
94	NGO, BETH	F	50	142	143	37
95	OKA, LYN	F	23	135	135	44
96	PADAWAN, AUI	M	50	166	166	19
97	PADAWAN, VIVIAN	F	50	150	151	31
98	PAQUIBOT, LEMUEL	M	20	131	131	47
99	PENA, DAVID	M	50	154	155	28
100	RANIDO, NESTOR	M	50	154	154	28
101	REGINO, TESS	F	50	132	132	46
102	REYES, DALE	M	4	0	160	24
103	REYES, RENATO	M	50	167	167	18
104	ROSS, MIKE	M	0	0	160	24
105	RUBEN	M	4	0	160	24
106	SABANG, DANNY	M	50	159	159	24
107	SABERON, ANDRE	M	0	0	160	24
108	SARABIA, CATHY	F	50	123	123	53
109	SARABIA, MEGGY	M	50	155	155	28
110	SARADOR, GLENN	M	0	0	160	24
111	SARMIENTO, CHERRY	F	50	148	148	33
112	SARMIENTO, KATHRYN	F	0	0	160	24
113	SARVIDA, ROBERT	M	50	149	151	31
114	SAWANGAN, ALBERT	M	50	160	160	24
115	SAWANGAN, NOVIELYN	F	8	0	160	24
116	SCHULZE, JACKY	F	4	0	160	24
117	SCHULZE, UWE	M	33	158	158	25
118	SEVILLA, MANNY	M	50	127	127	50
119	SEVILLA, MARVIN	M	50	163	163	21
120	SHOCKEY, LENARD	M	16	116	116	59
121	TAN, CRISTILYN	F	4	0	160	24
122	TAN, JEFFERSON	M	45	157	157	26
123	TAPAYA, ARTHUR	M	13	150	150	32
124	TAPAYA, LUTHER	M	13	158	158	25
125	TENERO, CHOLO	M	4	0	160	24
126	TESCH, SYLVIA	F	50	139	139	40
127	TORRES, TONY	M	50	158	158	25
128	TURNER, RICHARD	M	13	163	163	21
129	UY, JAIME	M	50	147	147	34
130	UYBENGKEE, CYNTHIA	F	50	127	127	50

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131	VALENCIA, NOLI	M	39	147	147	34
132	VALENZUELA, ED	M	25	126	126	51
133	VELARDE, REY	M	50	172	173	13
134	VELASCO, RAMEL	M	25	152	152	30
135	VILLA, MJ	M	50	160	160	24
136	VILLANUEVA, NICK	M	50	142	143	37
137	VILLAR, MARTIN	M	50	142	142	38
138	VILLAR, MARVIN	M	50	140	140	40
139	VILORIA, CELIS	M	50	139	139	40
140	VILORIA, MAENG	M	8	0	160	24
141	VINLUAN, RONIE	M	50	129	129	48
142	WAYWAY , IANNE	M	16	111	111	63
143	WILLIAMS, FRENZY	F	0	0	160	24
144	WILLIAMS, PAUL	M	5	0	160	24
145	WILLIAMS, TERRENCE	M	50	164	164	20
146	YNOC, TONY	M	50	137	137	42
147	YU, JM	M	50	133	133	45
148	YU, JOSEPH	M	19	171	171	15
149	YU, MIKE	M	50	157	157	26
150	ZAMORA, JOHN	M	50	159	159	24
151	ZAMORA, MATT	M	30	128	128	49