



CEBU TENPIN BOWLING ASSOCIATION

AS OF 22-AUGUST-2026



HANDICAP RULES

1



GENERAL NOTES:

Handicap rules are designed to equalize competition among bowlers of varying skill levels

2



STANDARD FORMULA:

USBC Rules is applied:
= Base Score - Average x Percentage

$$= (190 - \text{AVERAGE}) * 80\%$$

3



BASE SCORE:

The base score is **190**.

Bowlers with average higher than this base score shall have zero (0) handicap - no negative handicap shall be applied.

4

PERCENTAGE:

A percentage of **80%** shall be used to maintain fair competition.

80%

This allows lower-average bowlers to remain competitive while still rewarding bowlers who improve their performance.

5



BOWLER'S AVERAGE:

Bowler's scratch average (round down to 0 digit) based on at least **12 Games**, **upto the latest 50 games**, updated weekly.

6



ANTI-SANDBAGGING RULE:

Any game score that is more than 30 pins below the bowler's scratch average shall be recorded as **Bowler's Scratch Average minus 30 Pins**.

Maximum drop allowed = **30 pins only**.

Sample: Bowler's average is: 180			
Game	Scratch Score	Record for Handicap	Minimum Score for handicap: 180-30 = 150
Game 1	190	190	
Game 2	150	150	
Game 3	149	150	
Game 4	130	150	
Average	155	160	

7



NEW OR UNVERIFIED BOWLER INITIAL AVERAGE:

Bowler without an official recorded average with CETBA will have a starting average of **160** for both male and female.

After playing a minimum of **12 games**, new average shall be established.

Bowlers who are affiliated to other organization shall be verified in the following order of preference:

- 1) NBT Record
- 2) PBF Record
- 3) Bowler's Association Record.

League officers reserves the right to adjust the declared or temporary average if the bowler's performance clearly indicates a higher playing ability.

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**NO HANDICAP ADJUSTMENT : THIS HANDICAP SYSTEM IS STRICTLY PERFORMANCE- BASED.
NO EXTRA BONUS FOR AGE AND GENDER.**

NO.	BOWLER	GENDER	NO. OF GAMES	SCRATCH AVERAGE (Latest 50 Gmes)	AVERAGE FOR HANDICAP	HANDICAP
1	ADLAWAN, RAYMUND	M	8	0	160	24
2	ALEGRADO, HANNAH	F	12	146	146	35
3	ALQUEZA, EGAY	M	4	0	160	24
4	ALQUEZA, HEBER	M	8	0	160	24
5	ANDAL, JOJO	M	50	157	157	26
6	ANDAL, MICO	M	8	0	160	24
7	ARAPOC, ROGER	M	46	139	139	40
8	ASUMBRADO, ROGER	M	50	159	160	24
9	AVILA, JOMA	M	8	0	160	24
10	BACON, BABY	F	50	125	125	52
11	BANTILAN, ROLAND	M	50	164	164	20
12	BARBAR, AGNES	F	5	0	160	24

NO.	BOWLER	GENDER	NO. OF GAMES	SCRATCH AVERAGE (Latest 50 Gmes)	AVERAGE FOR HANDICAP	HANDICAP
13	BARBAR, RAUL	M	5	0	160	24
14	BARREDO, GIAN ADRIAN	M	50	140	140	40
15	BARREDO, RONAN	M	50	163	165	20
16	BAUDER, ELMA	F	25	112	112	62
17	BELOCURA, JESSIE	M	8	0	160	24
18	BOLONGAN, LUKE	M	50	184	187	2
19	BOLONGAN, SAL	M	50	155	155	28
20	BUCOY, ERIC	M	50	124	124	52
21	BUENAVIAJE, JOSE	M	8	0	160	24
22	BUENO, MANNY	M	13	154	154	28
23	BUYCO, GEFF	M	16	151	151	31
24	BUYCO, GJ	M	8	0	160	24
25	CAJES, LUISE	M	25	154	155	28
26	CALIPAY, DANTE	M	50	155	155	28
27	CALIPAY, DINA	F	0	0	160	24
28	CALIPAY, JOHNA	F	50	136	136	43
29	CALIPAY, ROMMEL	M	50	150	150	32
30	CALO, TONY	M	20	165	165	20
31	CAMERO, ROSE	F	0	0	160	24
32	CAMERO, SAM	F	0	0	160	24
33	CENIZA, NICAH	F	6	0	160	24
34	CENIZA, RENATO	M	50	168	168	17
35	CESAR, KIANNE LESLIE	M	8	0	160	24
36	CHAI, MING LO	M	11	0	160	24
37	CHI, MICHAEL	M	17	162	162	22
38	CONVOCAR, TED	M	50	153	153	29
39	CORTEZ, EDGAR	M	50	142	142	38
40	DALLEON, KIT	M	0	0	160	24
41	DANTE, ANDRE	M	4	0	160	24
42	DANTE, DODONG	M	50	146	147	34
43	DANTE, TESSIE	F	50	140	140	40
44	DAVIS, JERRY	M	24	168	168	17
45	DESPOJO, MANDO	M	37	161	161	23
46	DILLA, ED	M	50	142	142	38
47	DIONISIO, PJ	M	4	0	160	24
48	DOLOR, JUN	M	12	156	156	27
49	DROSSEL, DETLEV	M	17	157	157	26
50	EDRADAN, FLOR	F	50	123	123	53
51	EMANO, RICHARD	M	24	155	155	28
52	ENOVESO, DORY	F	50	136	137	42
53	ENOVESO, ORLY	M	50	130	132	46
54	ESCANUELLA, BOBBY	M	47	130	130	48
55	ESOLANA, ROY	M	14	155	155	28
56	ESTEBAN, JUN	M	4	0	160	24
57	FINES, MEL	M	50	155	156	27
58	FRANCISCO, ESTER	F	50	125	125	52
59	FRANCISCO, GING	M	50	166	166	19
60	GAKENHOLZ, SONIA	F	50	133	133	45
61	GALINDO, JOHN	M	0	0	160	24
62	GARCES, JOE	M	50	141	142	38
63	GASATAYA, JOHN	M	50	170	170	16
64	GONZALES, RAMILIE	F	12	160	160	24
65	GOTHONG, DOCDOC	M	50	139	139	40
66	GUARIN, CHENGBEE	F	20	104	104	68

NO.	BOWLER	GENDER	NO. OF GAMES	SCRATCH AVERAGE (Latest 50 Gmes)	AVERAGE FOR HANDICAP	HANDICAP
67	GUARIN, JUNKELL	M	29	136	136	43
68	HODGKINSON, FLOR	F	50	138	139	40
69	HODGKINSON, MARK	M	50	167	168	17
70	JUMAPAO, JOMAR	M	17	176	192	0
71	KOBAYASHI, TERUO	M	0	0	160	24
72	KOENIGSHOFER, DAVID	M	50	136	136	43
73	KOKSENG, JARED	M	50	106	106	67
74	KUA, CYNTHIA	F	14	130	130	48
75	LIM, CLYDE	M	50	166	166	19
76	LIM, DAVE RUSSEL	M	50	138	138	41
77	LONGCANAYA, DELMA	F	50	134	135	44
78	LONGCANAYA, JANICE	F	50	159	159	24
79	LONGCANAYA, NESTOR	M	50	149	149	32
80	LOON, ALEXONES	M	8	0	160	24
81	LUCHKENWALD, CEDRIC	M	8	0	160	24
82	MANUEL, MANUEL	M	0	0	160	24
83	MAQUILING, STEPH	F	4	0	160	24
84	MARQUEZ, NOEL	M	0	0	160	24
85	MARSANGCA, OMAR	M	45	152	152	30
86	MAURO, BEBIE	F	0	0	160	24
87	MAURO, ROMY	M	0	0	160	24
88	MCDUGALL, LILIA	F	0	0	160	24
89	MEDALLO, ROMEL	M	18	142	142	38
90	MEDALLO, SALVE	F	50	147	148	33
91	MINOK, ALEX	M	4	0	160	24
92	MIRANDA, MICMIC	M	0	0	160	24
93	MIRASOL, KEVIN	M	50	138	138	41
94	MIRASOL, SHEILA	F	4	0	160	24
95	NGO, BETH	F	50	139	139	40
96	NUZARA, REISA	M	8	160	160	24
97	OKA, LYN	F	23	135	135	44
98	PADAWAN, AUI	M	50	166	166	19
99	PADAWAN, VIVIAN	F	50	150	150	32
100	PAQUIBOT, LEMUEL	M	20	131	131	47
101	PENA, DAVID	M	50	147	149	32
102	RANIDO, NESTOR	M	50	154	154	28
103	REGINO, TESS	F	50	134	134	44
104	REYES, DALE	M	4	0	160	24
105	REYES, RENATO	M	50	166	166	19
106	ROSS, MIKE	M	0	0	160	24
107	RUBEN	M	4	0	160	24
108	SABANG, DANNY	M	50	158	158	25
109	SABERON, ANDRE	M	0	0	160	24
110	SARABIA, CATHY	F	50	127	127	50
111	SARABIA, MEGGY	M	50	160	160	24
112	SARADOR, GLENN	M	0	0	160	24
113	SARMIENTO, CHERRY	F	50	146	146	35
114	SARMIENTO, KATHRYN	F	0	0	160	24
115	SARVIDA, ROBERT	M	50	149	151	31
116	SAWANGAN, ALBERT	M	50	156	157	26
117	SAWANGAN, NOVIELYN	F	29	137	137	42
118	SCHULZE, JACKY	F	4	0	160	24
119	SCHULZE, UWE	M	33	158	158	25
120	SEVILLA, MANNY	M	50	125	126	51

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121	SEVILLA, MARVIN	M	50	158	159	24
122	SHOCKEY, LENARD	M	16	116	116	59
123	STEPHEN, CHRIS	M	12	133	133	45
124	TAN, CRISTILYN	F	12	140	140	40
125	TAN, JEFFERSON	M	49	155	155	28
126	TAPAYA, ARTHUR	M	13	150	150	32
127	TAPAYA, LUTHER	M	13	158	158	25
128	TENEDERO, CHOLO	M	4	0	160	24
129	TESCH, SYLVIA	F	50	139	139	40
130	TORRES, TONY	M	50	159	159	24
131	TURNER, RICHARD	M	13	163	163	21
132	UY, JAIME	M	50	149	150	32
133	UYBENGKEE, CYNTHIA	F	50	124	124	52
134	VALENCIA, NOLI	M	39	147	147	34
135	VALENZUELA, ED	M	25	126	126	51
136	VELARDE, REY	M	50	173	175	12
137	VELASCO, RAMEL	M	25	152	152	30
138	VILLA, MJ	M	50	161	161	23
139	VILLANUEVA, NICK	M	50	141	142	38
140	VILLAR, MARTIN	M	50	143	143	37
141	VILLAR, MARVIN	M	50	141	141	39
142	VILORIA, CELIS	M	50	139	139	40
143	VILORIA, MAENG	M	8	0	160	24
144	VINLUAN, RONIE	M	50	129	129	48
145	WAYWAY , IANNE	M	24	113	113	61
146	WILLIAMS, FRENZY	F	0	0	160	24
147	WILLIAMS, PAUL	M	5	0	160	24
148	WILLIAMS, TERRENCE	M	50	164	164	20
149	YNOC, TONY	M	50	137	137	42
150	YU, JM	M	50	133	133	45
151	YU, JOSEPH	M	19	171	171	15
152	YU, MIKE	M	50	151	151	31
153	ZAMORA, JOHN	M	50	161	162	22
154	ZAMORA, MATT	M	43	128	128	49